Tissues, Organs, and Organ Systems

Learning outcomes

- Understand how things are organised from atom -> organism
- Understand how multicellular organisms have emergent properties with examples
- understand the function of the 11 organ systems and name/identify their major structures*
 - 1) Digestive
 - 2) Cardiovascular
 - 3) Respiratory
 - 4) Lymphatic
- 5) Excretory
- 6) Endocrine
- 7) Reproductive
- 8) Nervous
- 9) Integumentary
- 10) Skeletal
- 11) Muscular

* don't need to know functions of each structure

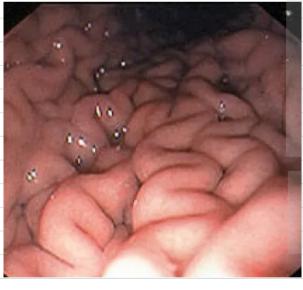
Key Zerms

- · anatomy
- tissue
- · organ
- · organ system
- organism
- · emergent property
- · physiology
- · hormone

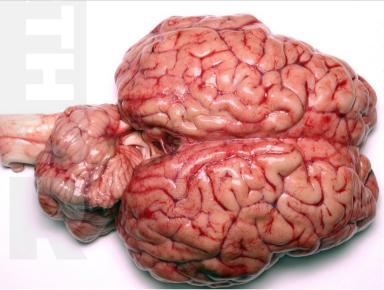




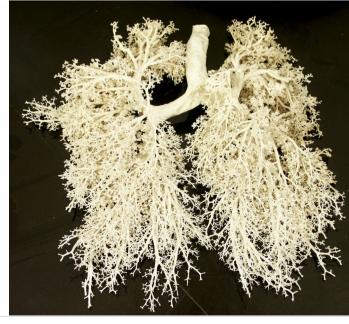










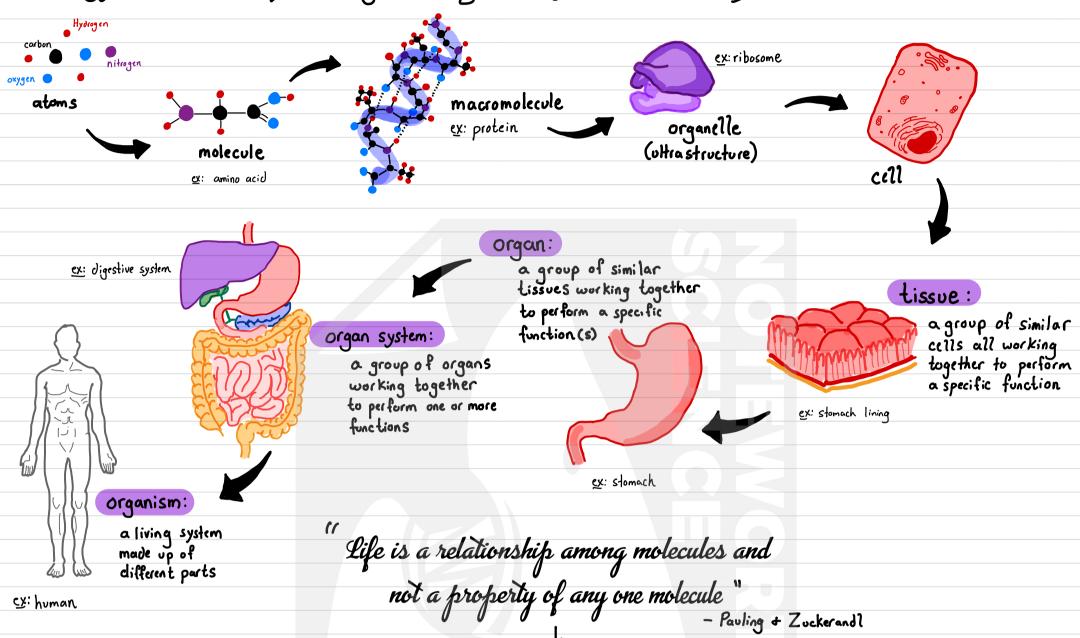




Biological Organization

Anatomy: the study of how organisms are structured and organized

Biology can be studied by examining how things are organized in a hierarchy



life is defined in terms of interactions, relationships, and collective properties of many systems and their parts

Emergent property: a property which a collection or system has, but which individual members do not have examples:

heart is made up of heart cells. The heart can pump blood but individual heart cells cannot

human emotions (joy, anger) or memories are formed and stored in the brain. No individual neuron can form these

salt (NaCl) has the property of 'saltiness' and edible but Na and Cl are dangerous and not salty

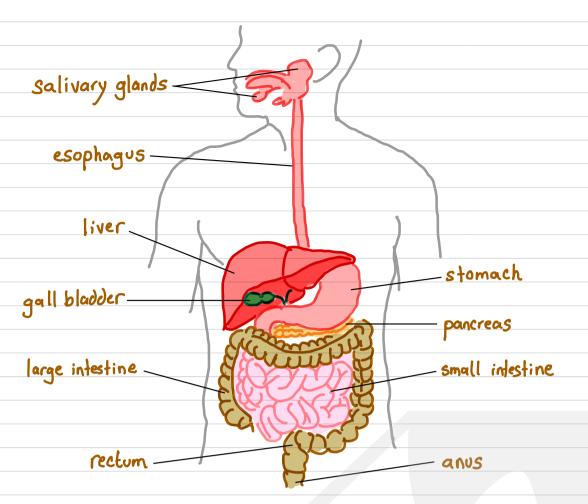
▶ at every higher level of complexity, new emergent properties appear

j.e. dissues have properties that cells do not, organs have properties that tissues do not ... etc.

Physiology: the study of functions and mechanisms in a living body

Anatomy looks at how something is structured,

Physiology looks at how those structures work



Digestive system

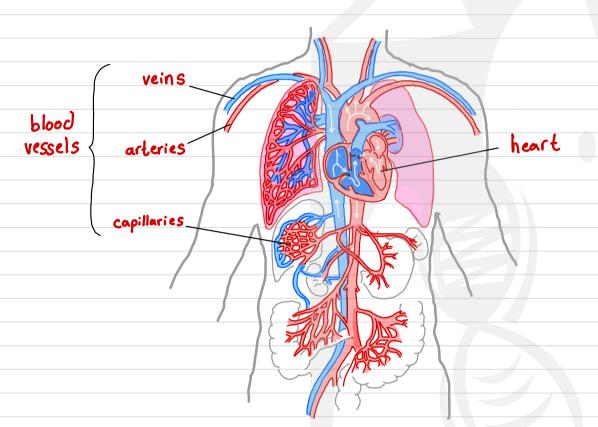
functions: . breakdown of food (digestion)

· absorption of food into bloodstream

· removal of waste (non-digestible food)

interesting information:

- · a person produces 1-1.5 L of saliva per day
- · food moves through system by muscles
- ~ 100 000 000 000 000 bacteria live in the gut
- the digestive system is > 9 meters long!
- the surface area of small intestine is $\sim 32 \, \text{m}^2$
- · the acid in your stomach is HClass with a pH of 1-2
- the entire process of digestion takes ~2-5 days



Cardiovascular system

functions: • transports oxygen to tissues

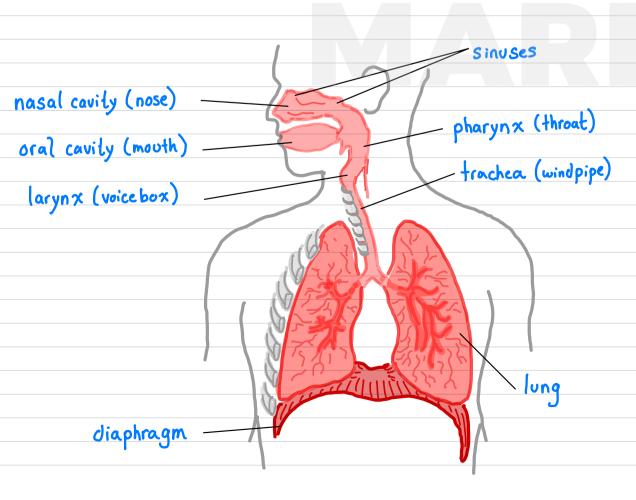
· transports nutrients to tissues

· transports wastes from metabolism ((Oz, urea) from tissues to excretory system

· transports hormones and blood cells

interesting information:

- · the body has ~5L of blood
- · all blood vessels lined end to end = 100,000 km
- · your heart beats ~ 100 000 /day
- · the heart beats without input from the brain
- · all blood is red, veins appear blue due to skin
- · il takes < 1 minute for blood to circulate the body



Respiratory system

functions: inhales Oz (air -> blood)

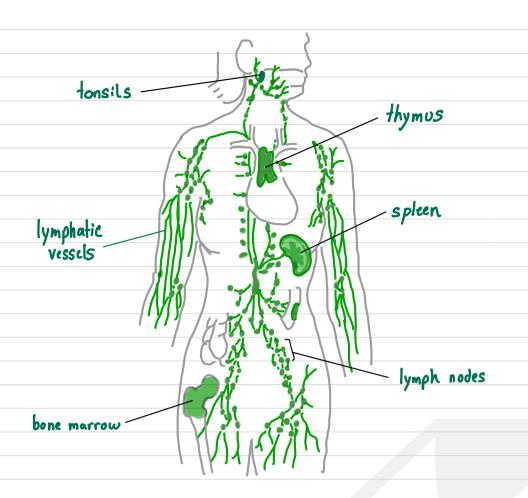
exhales CO_z (blood → air)

· produces sound

· prevents harmful substances from entering

interesting information:

- · left lung is smaller than the right to accommodate heart
- · there are ~ 480 000000 air sacs in the lungs
- · the surface area of the lungs is ~50-75 m2
- · lungs are the only organs that float on water aperson produces 1-2 L of mucus per day
- · your voice is produced by vibrating your vocal folds





functions: · removal of excess fluids from Lissues

· absortion + transport of fats around body

· production of immune cells - fight invaders

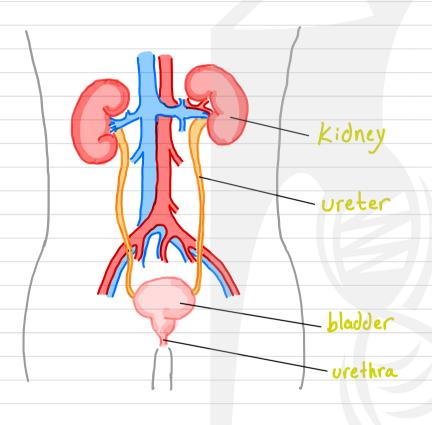
interesting information:

* there are 500-600 lymph nodes in the body

· lymph flows in one direction, towards the neck and moves via muscles and gravity

· you can live without the spleen, but are more prome to infection

· swollen lymph nodes means your body is fighting an infection



Excretory system

functions: filters wastes from the blood removal of metabolic wastes (urine)

· regulates fluid levels

interesting information:

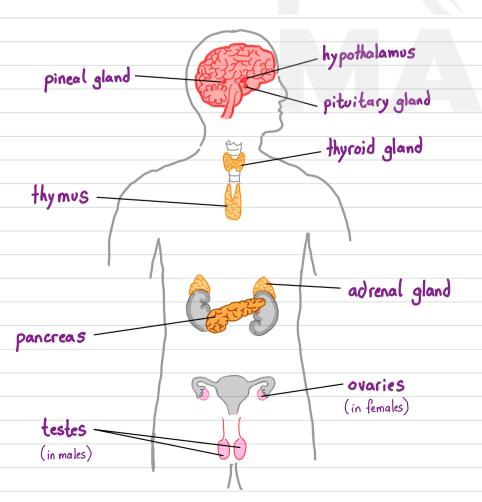
* the kidneys filter ~ 2001 of blood per day

· the bladder can hold ~ 500-600 mL of urine

· Kidneys produce 30-50 mL of urine / hour

. The right kidney is smaller and lower to make room for liver

· you can survive with one kidney



Endocrine system

functions: . produce hormones which regulate bodily funtions Chemical messengers

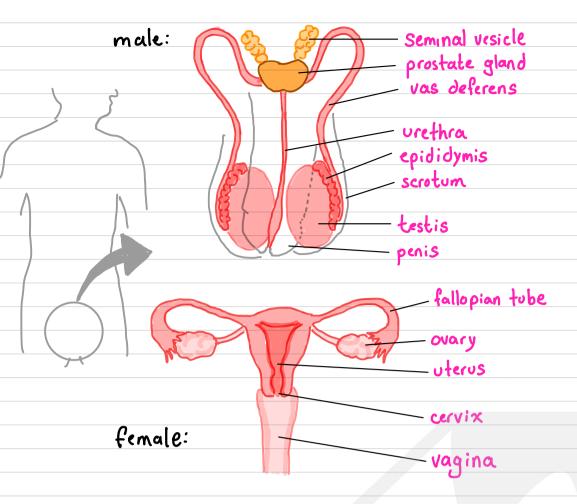
(travel through the blood)

interesting information:

· there are >50 different hormones in humans

· hormones are released directly into a travel through the blood

· hormones control your mood, growth, metabolism, reproduction, organs, and more



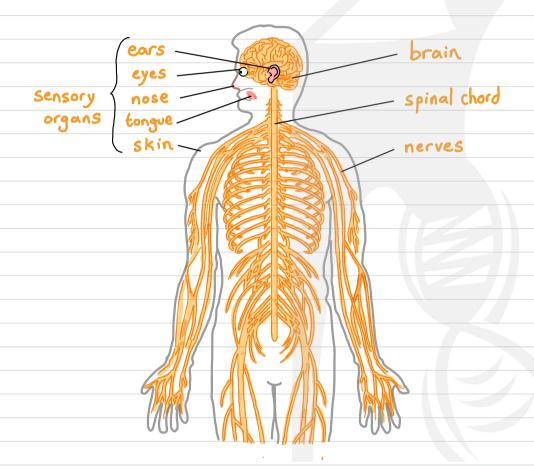
Reproductive system

functions: production of gametes (sperm + ova)

protect and nourish developing fetus (female)

interesting information:

- sperm is the smallest cell and ova are the largest (0.03 mm)
- · testes produce 1500 sperm / second
- · Speim can survive in female reproductive system for 5 days
- female reproductive system has many microorganisms which Keep it clean + protect against pathogens
- · more than 40 mL of blood are lost during a period
- · the uterus stretches > 500 x its size during pregnancy



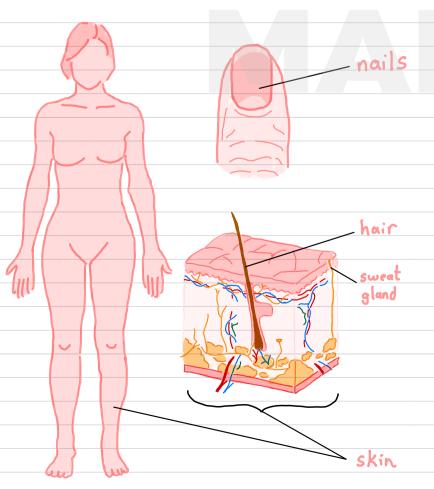
Nervous system

functions: detects stimuli (sensory nervous system)

generate responses (both voluntary + involuntary)

interesting information:

- · nerves carry signals at speeds > 100 m/s
- · the brain uses >20% of the body's energy
- · neurons can't divide or repair from damage
- · neurons are the longest cell in the body
- · involuntary reflexes are not controlled by your brain
- · brain structure changes as we learn
- · the skin contains a 200 pain receptors /cm²



Integumentary system

functions: protect body from invaders and damage

regulates temperature

regulates fluids

interesting information:

the skin is the largest organ

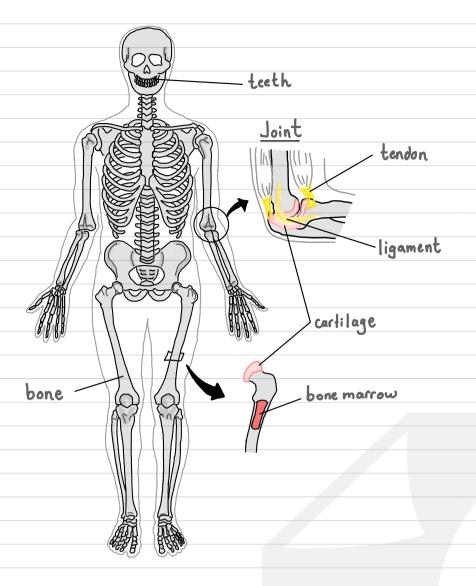
· we shed 30000 - 40000 skin cells / min

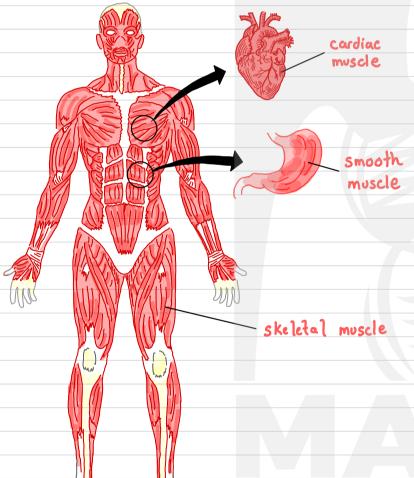
nails grow ~3.5 mm/month

body has 5000000 hair follicles but only ~100000 on head

· body can produce a max of 4L of sweat/hour

the outer layer of skin contains > 25 layers of dead cells





Skeletal system

- functions: · provides framework, supports body structures
 - · protects vital organs
 - aids in movement (attached to muscles)
 - · bone marrow is site of blood cell production
 - . Store minerals

interesting information:

- · a baby has 300 bones but an adult has 206
- · the femur is the longest (48cm) and strongest bone
- . the smallest bone is the stapes in the ear (3.2 mm)
- · the skull is made up of 14 bones which are fused together
- . >50% of bones are in hands (27 each) and feet (26 each)
- · adults have 32 teeth
- · tooth enamel is stronger than bone
- · the hyoid bone in the neck is only bone not connected to another
- · there are ~ 900 ligaments and > 4000 tendons

Muscular system

functions: responsible for all movement, both: voluntary and involuntary

interesting information:

- · there are ~ 650 skeletal muscles
- · the largest muscle is the gluteus maximus (buttocks)
- · the strongest muscle is the masseter (jaw muscle)
- · muscles produce > 85% of your body heat
- . the busiest muscles are the eye muscles move > 100000 x/day muscles can't push, they can only pull
- · muscles grow by first teoring and then being repaired
- · you use 43 muscles to frown